



XXVI SUUNTO GAMES in Estonia

September 27-28, 2014

Kuura, Võru County

27.09. IOF World Ranking Event for M21E and W21E

COMPETITION INFORMATION

TIME, PROGRAMME and VENUE:

27.09. long distance (MW 21E WRE)	11.00 competition centre open 13.00 first start 17.00 1 st day winners' prize giving
28.09. shortened long distance (MN21E middle distance)	09.00 competition centre open 10.00 first start 14.00 Suunto Gamesi prize giving 14.30 EOL-Printcenter Youth Cup prize giving

Competition centre is located in Ala-Palo village (GPS: 57°36'43,4N; 27°6'53,1 E).

On the map: <http://bit.ly/1rscqiY>

ORGANIZERS:

Orienteering Club Võru, Jüri 31, Võru 65610.

Estonian Orienteering Federation, Kalevi 9b, Türi 72213.

Event Director: Markus Puusepp, +372 526 8279, markus@okvoru.ee

Secretary: Jüri Joonas, +372 5615 8666, sg2014@okvoru.ee

Course setter: Lauri Sild

Head of starts: Ats Virumäe

Time-keeping and IT: Erik Saarts

Prize giving: Erika Joonas

EVENT CONTROL:

IOF EA: Leho Haldna (OK Võru), +372 503 7100, leho.haldna@kolmeks.ee

EOL Adviser/head of the Jury: Mihkel Järveoja (OK Kobras) +372 5341 5075, mihkeljarveoja@gmail.com

JURY: Sven Oras (OK Ilves), Paul Poopuu (JOKA), Jaanus Reha (OK Kooperaator)

COMPETITION RULES:

Competitions will be held according to Estonian Orienteering Federation's competition rules:

(http://www.orienteerumine.ee/eol/failid/2013/EOLvoistlusreeglid2009_muudatused2010_2011_2013_lisad.doc).

NB! 27.09. IOF World Ranking Event long distance for classes MW21E will be held according to the competition rules of the International Orienteering Federation:

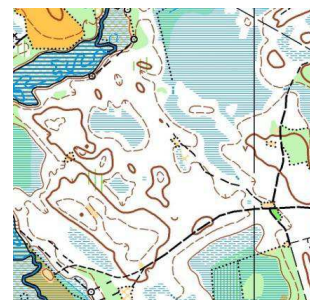
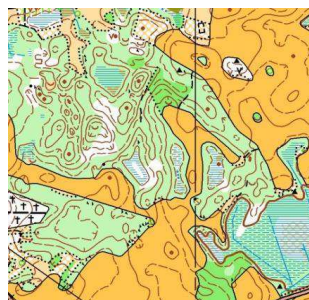
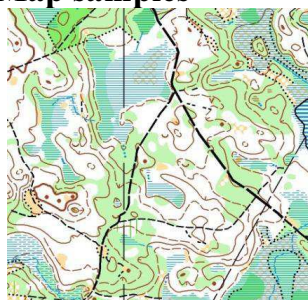
(<http://orienteering.org/wp-content/uploads/2010/12/Competition-Rules-for-IOF-Foot-Orienteering-Events-2014.pdf>).

TERRAIN and MAP:

Southern slope of Haanja upland, absolute heights in the terrain vary between 230 m a.s.l in the northern part and 175m a.s.l. in the southern part of the map. Maximum height difference on one slope is 20 metres. Medium-sized and small hills and depressions are interlaced by marshes of different shapes and sizes. The terrain is very variable in regard to contour features and vegetation. Mixed forest with spruces and pines dominating. Runnability varies from very good to poor. Network of roads, paths and narrow rides is rather poor, but there are plenty of forest extraction roads which have not been mapped in 100% of the places. Many different types of marshes with different water levels. Around lakes and larger creeks there are areas flooded by beavers whereas there are also nice and runnable bogs. Open areas are mainly with cut grass or with low grass providing good runnability. There are some areas with dense fern coverage, but it is the end of the growing season, so they do not hinder passage very much. Paths and narrow rides are often overgrown. Forested areas make up to 80% of the terrain.

Map: Kuura (<http://www.orienteerumine.ee/kaart/kaartshow.php?Kood=2014020>). Map-maker Kalle Kalm. Fieldwork 2012-2013. Latest corrections summer 2014. Contour interval 5 metres. Previous map Kuura (<http://www.orienteerumine.ee/kaart/kaartshow.php?Kood=2013006>) was used on [Baltic Orienteering Championships](#) in may 2013. More than 2 km² of new terrain were added to the map in autumn 2013. Map is drawn according to the ISOM 2000. Corrections in summer 2014 by Lauri Sild and Markus Puusepp.

Map samples



Map scales

27.09 in classes MW16, MW18, MW20, MW21E, MW21A and MW35 - 1:15000.
Classes MW8NR, MW9NR, MW10TR, MW12TR - 1:7500 on both days. Other days
and classes 1:10 000.

Size of the map sheet A4+ (max 250x350mm) or A3+ (max 350x500mm). **Map has been printed on waterproof paper.** Those who wish, may use their own plastic against physical tear.

COURSES:

Start nr	Class	Length 1 st day (km)	CP	Refreshments 1 st day (pc)	Length 2 nd day (km)	CP	Refreshments 2 nd day (pc)
1	M21E	14,0	25	3	5,7	20	1
1	W21E	9,5	22	2	4,6	19	1
3	M8NR	2,5 / 1,6	6	0	2,7 / 1,7	7	0
3	W8NR	2,5 / 1,6	6	0	2,7 / 1,7	7	0
3	M9NR	2,5 / 1,6	6	0	2,7 / 1,7	7	0
3	W9NR	2,5 / 1,6	6	0	2,7 / 1,7	7	0
3	M10TR	2,1	7	0	1,9	9	0
3	W10TR	2,1	7	0	1,9	9	0
3	M12TR	2,1	7	0	1,9	9	0
3	W12TR	2,1	7	0	1,9	9	0
3	M12	3,1	10	0	2,2	10	0
3	W12	3,1	10	0	2,2	10	0
2	M14A	4,0	11	0	3,4	11	1
2	W14A	2,9	9	0	2,6	9	1
3	M14B	3,1	10	0	2,2	10	0
3	W14B	3,1	10	0	2,2	10	0
1	M16A	6,1	14	1	4,7	15	1
1	W16A	3,4	11	0	3,2	12	1
2	M16B	4,0	11	0	3,4	11	1
2	W16B	2,9	9	0	2,6	9	1
1	M18	8,5	18	2	7,0	21	1
1	W18	4,8	11	1	3,8	15	1
1	M20	10,3	18	2	8,3	26	1
1	W20	6,1	14	1	4,7	15	1
1	M21A	10,3	18	2	7,9	25	1
1	W21A	5,8	15	1	4,4	14	1
1	M21B	7,6	14	1	6,1	21	1
2	W21B	4,0	11	0	3,4	11	1
2	M21C	5,0	14	1	4,2	16	1
2	W21C	3,2	8	1	2,0	9	0
1	M35	9,3	18	2	7,9	25	1
1	W35	5,8	15	1	4,4	14	1

1	M40	8,0	15	1	6,1	21	1
1	W40	5,4	13	1	3,8	15	1
1	M45	7,6	14	1	5,5	20	1
1	W45	4,8	11	1	3,5	11	1
1	M50	7,3	17	1	5,4	18	1
1	W50	4,8	11	1	3,5	11	1
2	M55	6,9	16	1	5,1	19	1
2	W55	4,4	12	1	3,2	11	1
2	M60	5,4	12	1	4,3	17	1
2	W60	4,0	11	0	2,9	11	1
2	M65	5,1	15	1	3,8	13	1
2	W65	3,7	10	0	2,9	11	1
2	M70	4,8	12	0	3,6	14	1
2	W70	2,9	10	0	2,4	10	1
2	M75	3,7	10	0	2,9	11	1
2	W75	2,9	10	0	2,4	10	1
2	M80	2,9	10	0	2,4	10	1
NB! 3 (1p)/2 (2p)	W80	2,6	7	0	2,3	10	1
NB! 3 (1p)/1 (2p)	M85	2,0	7	0	2,0	9	0
NB! 3 (1p)/1 (2p)	W85	2,0	7	0	2,0	9	0
2	Open1 (technical)	5,9	13	1	5,8	20	1
2	Open2 (easy)	3,5	8	0	3,0	11	1

Distance to starts:

Stardi nr	27.09.	28.09.
START 1	2,6 km	1,0 km
START 2	2,2 km	1,1 km
START 3	1,3 km	0,9 km

NB! Classes N80, N85 and M85 muutub will be having a different start on the second day!!!

Refreshment controls will serve water and Science in Sport sports drink. On the first day there are two refreshment controls in the terrain – both are located a control point and given in the control description. M21E runners may leave their dring, energy gel etc at the spectators control where they can take it during the competition. Distance from the spectators control to the finish is around 2,7 km.

On the second day there is one refreshment point in the terrain, situated between controls(see map example below)

Class	Distance of the refreshment point from the start
M21E	4,7 km, 8,7 km, 11,6 km (only own drink!)
W21	4,0 km, 7,4 km

Signs to start begin at the competition centre. Follow yellow flags and information boards along the way. Warm-up allowed only in the competition centre and on the way to the starts..

Open courses (Open 1 ja Open2) are available on both days with registration in the information tent. Participants may choose their own starting time. Participation fee is 5 EUR per day per participant.

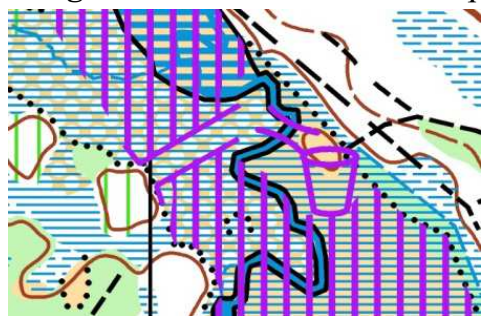
Participation fees

MW8-10	2 EUR/day	MW21-55	9 EUR/day
MW12-18	3 EUR/day	MW60-85	5 EUR/day
MW20	5 EUR/day	Open1 and Open2	5 EUR/day

FORBIDDEN and DANGEROUS areas:

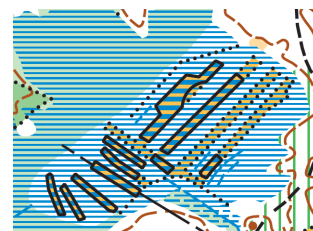
All olive green yards/private areas and purple vertical stripes areas are out-of-bounds for the competitors. Please respect privacy and crops and planted trees. Forbidden areas with solid bounding line are marked with red-white plastic tape on the terrain.

Dangerous areas include roads open to traffic, impassable marshes, flooded areas and



wide ditches and creeks. The most dangerous of such areas are marked as out-of-bounds for the competitors and crossing of such areas is permitted only by bridges, beaver dams or roads marked on the map (see map example). Bridges are marked with yellow plastic tape on the terrain.

On the second day, some of the courses go through an old peat bog. Some pits and ditches may be very soft and dangerous. The most dangerous ones have been mapped as impassable marsh (see map example).



NUMBER BIBS:

All classes use number bibs

NB! Organizers do not provide any safety pins, participants are advised to bring their own pins! Safety pins may be purchased from the info tent 0,5€/4pc.

Folding or cutting number bibs is not allowed. Number bib must be visible from the start to the finish. Number bibs can be found at the information board. **NB! In case of unpaid participation fee, number bibs are located in the information tent.**

START LISTS:

Start lists are available on the competition web-page www.okvoru.ee and visible at the competition centre and the pre-start areas.

START PROCEDURE:

Individual start on both days. Starting interval 2 minutes. Pre start 3 minutes. At the start moment, participants will stand by their map and wait for the signal. Control descriptions available at the pre-start. No tape etc provided by the organizers!

Clothes left at the pre-start will be transported to the competition centre.

FINISH and MAXIMUM RUNNING TIME:

Time at the finish will be taken by a punch on the finish line with the SI-card. Each competitor receives a sheet with split-times. Water and Science in Sport sports drink are served at the finish. Runners can keep the maps on the both day – organizers believe in participants' honesty that they do not show the map those who have not started yet!

Maximum running time: 27.09. – 180 minutes; 28.09. – 150 minutes.

Going through the finish is compulsory for everybody, even for those who do not complete the course or exceed the maximum running time.

RESULTS:

Unofficial results will be published in the competition centre. Official results will be published on www.okvoru.ee after settling possible complaints and protests. Links to online results and GPS-tracking in MW21E are also available through this page.

COMPLAINTS and PROTESTS:

Complaints and protests may be handed in into the information tent to competitions secretary Jüri Joonas no later than 15 minutes after the last results of the affected class has been published.

PRIZE GIVING:

Small prize for all of the winners of the first day and to the 3 best in MW21E World Raking Event.

Total results prizes by: Suunto, SiS, Duncan/Craft, ISC, Orienteerumiskauba OÜ, Skvaier, Hotel Kubija, Matkasport and JoniJon.

Small prize for all M8WR, N8WR, M9WR ja N9WR klassi osavõtjatele.

Number of prizes will be published on the information board on the first competition day.

MÄRKESÜSTEEM

SPORTident electronic punching system will be used. SI-cars can be rented from the organizer for a fee of 1,5 EUR/day. Rental fee must be paid together with the participation fee upon entry. In case of lost or broken rental SI-card, a fee up until 60 EUR will be charged depending on the version of the SI-card.

Changing the name and/or the SI-card number after 21.09. is possible through e-mail sg2014@okvoru.ee or on the competition days in the information tent for a fee of 1,5 EUR per competitor (except for using rental SI-cards). Fee will be paid in cash in the information tent.

If there is no signal, sound or light, from the the control unit, competitors must punch manually on one of the „R“ boxes on the side of the map. Missing punches will lead to disqualification.

GPS-TRACKING

Classes M and W21E will be using GPS-tracking on both competition day provided by Sportrec. Devices will be handed out to the runners at the pre-start area and attached to the upper arm. Device has been switched on. After the finish, participants wearing the device must return them at the finish. Using the allocated devices is compulsory!

Names of the participants using GPS-tracking will be published latest on the day of the competition.

SHOWERS AND TOILETS:

Warm outdoor shower at the competition centre. Toilets at the competition centre and on the way to the start (except for start 3 on the first day and start 1 on the second day).

PARKING:

Parking at the vicinity of the competition centre on an open field. Fee per car is 1 EUR/day. Please follow organizers instructions and have correct amount of money ready!

CATERING:

Cafe with warm meals at the competition centre. Handmade sweets by JoniJoni also available (<https://www.facebook.com/pages/Jonijon/393255060769366>).

ACCOMMODATION POSSIBILITIES:

- Hotel Kubija (<http://www.kubija.ee/et/avaleht>) – 29 km.
- Haanjamehe Farm (<http://www.haanjamehetalu.ee/>) – 21 km.
- Hard floor accommodation in Ruusmäe (2 EUR/night per person), catering

also possible (buffet breakfast 3 EUR; lunch 3,5 EUR; dinner 3,5 EUR), www.rogosi.ee/majutus – 6 km.

- Haanja Milla catering and accommodation (<http://www.haanjamilla.com/>) – 16 km.
- Plaani Lodge (<http://www.visitvoru.ee/majutus-2/?id=object/majutus/284>) – 10 km.
- Suhka tourist farm (www.suhka.ee) – 13 km.
- Vaskna tourist farm (www.vaskna.ee) – 15 km.
- Kaldemäe hostel (www.kaldemae.ee) – 18 km.
- Pullijärve holiday village (<http://www.pullijarve.eu>) – 7 km.
- Vetevana tourist farm (<http://www.visitvoru.ee/majutus-2/?id=object/majutus/827>) – 7 km.
- Ülenurme tourist farm (<http://ylenurmetaluu.weebly.com/>) – 10 km.
- Vällamäe holiday house (<http://www.visitvoru.ee/majutus-2/?id=object/majutus/823>) – 19 km.
- Kavadi tourist farm (<http://www.hot.ee/k/kavaditurismitalu/>) – 22 km.
- Mi sann (<http://www.puhkaeestis.ee/et/mi-sann>) – 21 km.
- Tamme holiday house (<http://www.tammepuhkemajad.ee/>) – 20 km.
- Koke guest house (<http://www.koke.ee/>) – 22 km.

FIRST AID:

First aid will be available at the information tent. More **serious incidents will be advised to go to Lõuna-Eesti haigla (hospital) at Võru-Kubija (30 km). Emergency phone nr: 112.**

SHOPS:

Shops available at the competition centre:

- Science in Sport – sports nutrition
- Duncan – Craft sportswear (only on the first day)
- Skvaier – orienteering equipment
- Orienteerumiskauba OÜ – orienteering equipment
- ISC – orienteering equipment.
- Matkasport – sports and free time equipment

OTHER:

Closest:

- shops at Ruusmäe (6km), Misso (7,5 km)
- ATM's in Vastseliina (22 km), Rõuge (24 km) and Võrus (32 km).
- Currency exchange in Luhamaa (17 km)
- Petrol stations in Vastseliina, Rõuge ja Võru.

SPONSORS AND SUPPORTERS

