

BALTIC CHAMPIONSHIPS
&
BALTIC MASTERS OPEN CHAMPIONSHIPS
&
BALTIC OPEN
IN FOOT ORIENTEERING

25-26 MAY 2019, RÕUGE, ESTONIA

BULLETIN 3 (COMPETITION INFORMATION)

GENERAL

The Baltic Orienteering Championships in orienteering (BOC) is the official event to award the titles of the Baltic Champions in foot orienteering in classes MW14-21. Participating Federations are: Latvia, Estonia, Lithuania, Belarus, Saint Petersburg. The programme includes long distance and relay.

Baltic Masters Open Championships (BMOC) is the official event to award the titles of the Baltic Champions in masters' classes MW35-75. The event is open for everyone. The programme includes long distance and middle distance competitions.

Baltic Open (BO) is an open event for classes MW10-21.

ORGANISERS

Estonian Orienteering Federation, Orienteering club Võru

Event director: Sixten Sild

Secretary: Indrek Kuusk

Course setter: Markus Puusepp

NATIONAL CONTROLLER

Taivo Timmusk

VENUE AND COMPETITION CENTRE

Event venue is Rõuge parish in Võru county (<https://rouge.kovtp.ee/>)

Competition centre is located at "Pesapuu" watchtower in Rõuge (57.9608576, 27.6365312).

SCHEDULE

Friday, 24 May

17:00-19:00 Official training (model event) at competition centre
19:00-20:30 Dinner at accommodations

Saturday, 25 May

7:00-9:00 Breakfast at accommodations
9:30 First start for long distance competition (BOC)
12:00 First start for long distance competition (BMOC, BO)
13:00 Long distance prize-giving ceremony (BOC)
14:00-15:30 Lunch at accommodations
19:00-20:00 Dinner at accommodations
20:00 Team officials' meeting in Rõuge

Sunday, 26 May

7:00-9:00 Breakfast at accommodations
10:00 First start of the relay competitions for national teams

10:30 First start of the middle distance competition of Baltic Masters Open Championships and Baltic Open
 13:30 Prize-giving ceremony
 14:00-15:00 Lunch at accommodations or lunch package in competition centre

COURSE LENGTHS

Baltic Championships, long distance

Class	Length (km)	Class	Length (km)
M14E	3,9 km	W14E	3,5 km
M16E	6 km	W16E	4,4 km
M18E	7,7 km	W18E	6 km
M20E	9 km	W20E	6,8 km
M21E	14,3 km	W21E	9 km

Baltic Championships, relay

Class	Length (km)	Class	Length (km)
M16E	4,1-4,2 km	W16E	4,1-4,2 km
M20E	5,0-5,1 km	W20E	4,0-4,1 km
M21E	5,6-5,7 km	W21E	4,7-4,8 km

Baltic Masters Open Championships and Baltic Open

Class	Length (km)	
	Long	Middle
M35	9	5,2
M40	8,1	4,8
M45	7,7	4,4
M50	6,5	
M55	5,7	3,2
M60	5,5	3,2
M65	4,8	2,8
M70	4,2	2,6
M75	4	2,6
W35	5,7	3,5
W40	5,5	3,2
W45	4,8	2,8
W50	4	2,6
W55	3,8	2,4
W60	3,3	2,3
W65	2,9	2,1
W70	2,8	2
W75	2,3	2,1

Class	Length (km)	
	Long	Middle
M10	2	1,3
M12	2,3	1,6
M14	2,8	2,4
M16	4,4	3
M18	6	3,3
M20	7,7	4,4
M21	9,7	5,7
W10	2	1,3
W12	2,3	1,6
W14	2,4	2,1
W16	4	2,6
W18	4,2	2,6
W20	6	3,3
W21	6,5	4,0
OPEN	5	3,2

TERRAIN

Competition terrain is located in and around Rõuge primeval valley . Runnability varies from good in coniferous forests to poor in deciduous forests. Network of tracks and roads is very poor. Around villages and farms there are quite many open areas with different runnability. The terrain contains also many marshes of different size. Model event takes place on part of competition map and is relevant to competition terrain.

MAP

Competition map is renewed version of WOC2017 long distance map: Rõuge, <http://www.orienteerumine.ee/kaart/kaartshow.php?Kood=2017001>

Mapper: Madis Oras, spring 2017. Corrections Markus Puusepp, spring 2019.

Map scale for MW16E, MW18E, MW20E, MW21E **and M21(Baltic Open)** long distance 1:15000, h 5 m
In all other classes and in relay 1:10 000, h 5 m

Maps are sealed in plastic bags, control descriptions are printed on the map and separate control descriptions are available at pre-starts of individual competitions.

NB! MW10 have a marked route between two controls on 25.05 (day 1) through technically and physically demanding section on the course. Yellow plastic ribbon runs on the ground between two controls along the shortest sensible route. Route is marked only on MW10 maps.

RESTRICTED AND DANGEROUS AREAS

All out-of-bounds cultivated lands and gardens have been marked with a purple overprint but not marked in the terrain. It is up to the competitor to keep away from these areas! NB! Edges of the crop fields can be used for running.

Local asphalt and gravel roads are open to traffic but traffic speed has been reduced to 30 km/h and motorists are aware of the runners. Competitors must pay attention to traffic while crossing or running along the roads! Water features and marshes marked with black bounding line are uncrossable and shall not be crossed (see also Map and Terrain).

FORKING

NB! M21E long distance course is forked. Maps and control descriptions are marked with competitors bib number. M21E has a map exchange at a control, starting point of the next loop/map is at the same control where the first loop ended. One of the refreshment controls is located at map exchange.

STARTS

Day 1

Start 1 - All classes except MW10-12. Distance to start 1100 m

Start 2 – M10, W10, M12, W12. Distance to start 1100 m

Starts are near to each other, route to starts is marked with red-white flags

Day 2

Start 1 - All relays start from competition centre

Start 2 - All masters and Baltic Open classes (except M10, W10, M12, W12). Distance to start 1600 m, route to starts is marked with red-white flags

Start 3 - M10, W10, M12, W12, distance to start is 100 m, route to start is marked with yellow flags

Start procedure in individual competitions:

Pre-start is 3 minutes.

3 min before start referee checks SI-card's number; SI-card will be cleared

2 min before start separate control descriptions are available

1 min before start competitor stands at the start position of appropriate class

At the start moment competitor takes competition map from a bucket and heads to the terrain. Each competitor is responsible for taking the right class map.

Relay start times

10.00 – M21, W16, M20

10.10 – W21, M16, W20

PUNCHING SYSTEM

Electronic SportIdent punching system will be used. SI-card number has to be given at the pre-registration. If needed, SI-cards can be rented from the organisers. In that case need for rental SI-card must be noted at pre-registration.

GPS TRACKING AND USE OF COMMUNICATION DEVICES

GPS devices will be given to selected runners on Day 1. List of the runners in the end of the Bulletin. Devices will be distributed at pre-start area by organisers. Please claim your device in due time before your start! It takes approximately 1 minute to attach the device.

Information about use of GPS-devices in relay will be given separately.

It is strictly forbidden for national team members to use communication devices or any other sources of information before last start in order to acquire any information about tracked runners' route choices.

WARM-UP

Warm-up is allowed on the marked routes to start and on the meadows in the competition centre and at the pre-start

COMPETITION CENTRE

Competition centre 25.05 / Võistluskeskus 25.05



NUMBER BIBS AND SAFETY PINS

Number bibs will be used for all participants, both days. Please pick up your number bibs at info tent. Use your own safety pins. If needed, there are safety pins for sale at info tent.

REFRESHMENTS

25.05. Long distance.

Refreshment points are situated away from controls and locations are printed on the map. Refreshment point is situated at around 2/3 of the course. M21E that has refreshment points at around 5/6,5/12,5 km of the course. Due to forking, distance to refreshment points varies for M21E a few hundred metres.

26.05. No refreshment controls

Pure water is served in refreshment controls and in the finish.

TOILETS

There are toilets at competition centre and at the starts

PRIZES

Baltic Championships - medals and diplomas for 3 best in each class both days and prizes to individual winners of each class.

Baltic Masters Open Championships - medals and souvenirs for 3 best runners in each class in sum of two days.

Baltic Open - prizes for 3 best runners in each class in sum of two days.

SHOWER

Warm shower is available at competition centre

BUFFET

There is a buffet at competition centre serving hot meals and snacks

FIRST AID

Available at competition centre

CONTACTS

Organising club: OK Võru, Jüri 31, 65610 Võru

Event director: sixtensild@gmail.com, +372 50 68377

Web page: www.okvoru.ee

9Runners with GPS device:

GPS no:	Start no:	Name	Start time:	Group:	Note:
101	31	Anton NAVICHENKA	11:01	BLR	
102	32	Vytautas BELIUNAS	11:04	LTU	
103	33	Uldis UPĪTIS	11:07	LAT	
104	34	Dāvis DIŠLERS	11:10	LAT	
105	35	Sander VAHER	11:13	EST	
106	36	Vilius ALELIUNAS	11:16	LTU	
107	37	Mārtiņš SIRMAIS	11:19	LAT	
108	38	Andrey SALIN	11:22	BLR	
109	39	Artūrs PAULIŅŠ	11:25	LAT	
110	40	Jonas Vytautas GVILDYS	11:28	LTU	
111	41	Kenny KIVIKAS	11:31	EST	
112	42	Edgars BERTUKS	11:34	LAT	
113	43	Kristo HEINMANN	11:37	EST	

127	44	Aleksei ALEKSEYONOK	11:40	BLR	
128	45	Rūdolfs ZĒRNIS	11:43	LAT	
129	46	Lauri SILD	11:46	EST	
130	47	Timo SILD	11:49	EST	
114	55	Asia KARPELSON	9:53	RUS	
115	74	Tatsiana VOVERIENE	10:50	BLR	
116	75	Indre VALAITE	10:53	LTU	
117	76	Sandra PAUZAITE	10:56	LTU	
118	77	Laura JOONAS	10:59	EST	
119	78	Līga VALDMANE	11:02	LAT	
120	79	Kerstin UIBOUPIN	11:05	EST	
121	80	Marianne HAUG	11:08	EST	
122	81	Ausrine KUTKAITE	11:11	LTU	
123	82	Laura VĪĶE	11:14	LAT	
124	83	Gabija RAZAITYTE	11:17	LTU	
125	84	Evely KAASIKU	11:20	EST	
126	85	Annika RIHMA	11:23	EST	
341	reserve				
345	reserve				