



6. ESTONIAN MTBO CHAMPIONSHIPS IN SPRINT
18. ESTONIAN MTBO CHAMPIONSHIPS IN MIDDLE DISTANCE
21. ESTONIAN MTBO CHAMPIONSHIPS IN LONG DISTANCE

29.-30.07.2023

Location: Tsiatsungõlmaa and Palomõtsa, Võru parish, Võru county

COMPETITION INFORMATION

SCHEDULE

29.07 at 12.00 First start, middle distance
29.07 at 18.00 First start, sprint
30.07 at 11.00 First start, long distance
30.07 approx. at 14.00 Prize-giving

ORGANIZERS

Event director: Sixten Sild (+372 506 8377, sixtensild@gmail.com)
Timing: Priit Nurmoja (OK Põlva Kobras)
Course setter: Sixten Sild (OKVõru)
Inspector: Aare Huik (OKVõru)
Secretary: Epp Voitka (OKVõru)
Start: Andy Karjus (OKVõru)

ADVISER

EOL adviser: Alar Assor (OK Põlva Kobras)

JURY

Ingrit Kala (Värskä OK Peko)
Paul Poopuu (JOKA)
Marek Karm (SK100)

LICENSE REQUIREMENT

All participants of Estonian Championships need to have Estonian OF license for the year. License should be ordered using online form at <https://orienteerumine.ee/eol-litsents/> and paid to Eesti Orienteerumisliit bank account EE671010220034030010 (SEB) or EE972200221002100295 (Swedbank). If it is not possible, participants can order and pay license at the competition centre. Prices of the license for non-Estonian club members and clubless competitors are currently as follows:

MW21,35,40,45,50,55,60 - 31 € (annual license) or 17 € (license per one start)
MW20,MN65 and older - 13 € (annual license) or 7 € (license per one start)
MN18 and younger - 7 € (annual license) or 5 € (license per one start)

COMPETITION CENTRES' LOCATIONS



Middle and long: <https://kaart.delfi.ee?bookmark=d010ffbe045fc94ef7544bfdfead33f6> (26.90987 57.79289)

Sprint: <https://kaart.delfi.ee?bookmark=fa1f916e8fa7184a378e24a41c5d0b5d> (27.03986 57.82030)

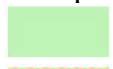
TERRAIN AND MAP

General

Both terrains have small height differences (up to 15 m), sand-based ground, mainly with good runnability, dry. Tracks. Varying density of tracks network, in big parts regular network of narrow rides, which have rideable tracks on them. Longe single paths of enduro-motorcyclists occur, these are quite well rideable and mapped mainly with sign 820 (path, slow riding), in some places also with 822 (path, very slow riding). There are many small contour features, mainly pits and trenches of military origin. These are usually not shown on MTBO maps, but in these terrains the pits are often of huge sizes and can thus be important orienteers – therefore pits and trenches are left on MTBO competition maps. Predominantly pine forest, many cutting areas and planted young forest areas occur. Marshes are almost missing. Besides to traditional MTBO map signs for rideable tracks and paths the new signs for rideable narrow rides and other linear traces through the terrain are used.

These are mapped according to their rideability mainly with signs 829 and 830:  . This kind of tracks are present on all courses and some of the controls are located on such narrow rides.

„White forest“ on the map is normally well passable or even rideable for riders. Rideability of different areas from the point of view of a rider:



- Passability is hindered by density of the forest or by trees and branches on the ground



- Vegetation is strongly hindering passability



- Passability mainly hindered by high grass or other vegetation



- New cutting areas, quite clean and well crossable, some areas with high grass occur



- Well rideable open area




- Well rideable park area

Fallen trees over tracks are mapped with traditional purple dash over the track.

Middle and long distance

As a result of forest cutting there are high piles of branches along the roads in some places. These are mapped as impassable walls. There is a danger zone of military shooting range marked as a prohibited area on the map rangersi leppemärgiga. Tracks along the borders of the prohibited area are allowed for riding as shown on the map. There is a new road under construction through the terrain. The new road is mapped and fast rideable. Several smaller tracks are cut off the new road by dry sand ditches along the new road. These junctions are mapped as indistinct (tracks unconnected on the map). Try not to spoil the ditches' walls. Normally one has to get off the bike for crossing the ditch.


Small streams and water ditches on the courses are mostly well crossable, but there is one exception – the ditch on a cutting area on the middle of the map, which is mapped as follows - . This ditch is full of water due to the activities of the beavers.

Map scale for both middle and long distance is 1:15 000, contour interval 2,5 m.

Sprint

Sprint courses are located in a small area, which includes both forest and narrow streets of living areas. Please follow strictly the rules regarding out of bounds areas and private areas, that shall not be entered! On several courses there is possible route choice by crossing a small creek while cutting through forest or on another place by crossing a small bridge. Both alternatives are considerable depending on the leg of the course. If the small


bridge is used, one has to get off the bike, otherwise the narrow bridge is very dangerous. There are exclamation marks on the map next to the small bridge in order to remind about the danger. In one place on the map the sign


824 (open land, permitted to ride - ) is used. It is done with the purpose to make this possible route choice easily visible, because otherwise it can be difficult to notice on the map.


Map scale 1:10 000, contour interval 5 m.

RIDING OFF THE TRACKS, PROHIBITED AREAS

Off track riding is allowed with the exception for the areas marked as out of bounds or as „shall not be entered“. On the tracks there are some segments, which are prohibited for riding and for crossing (violet zig-zag sign along the track). Reminder:

 - Area, that shall not be entered. Entry strictly prohibited, except along the mapped streets and roads through the areas.

 - Out of bounds area.

 - Track section, which is prohibited for riding and crossing. In the terrain the ends of the segment are marked with yellow tape

 - Forbidden to pass

SAFETY ON STREETS AND ROADS

All streets and roads are open for transport during the races. Competitors have to take care and count with other actors in the traffic. In the forest terrain of middle and long distances there is very small traffic. In middle distance all classes will use for riding a segment of the mayor road on the edge of the map. Please use the **left side** of the road and do not cross the road, there is no map on the other side of the road. The road is very wide and there is plenty of room for the riders on both sides.

Local people living in the sprint terrain are informed about the competition and normally it is very quiet there in Saturday evenings. But be very careful at junctions – be aware about possible other competitors, cars and local people on the streets and tracks! Keep right when meeting another competitor on the course!

PARKING AND WARM-UP

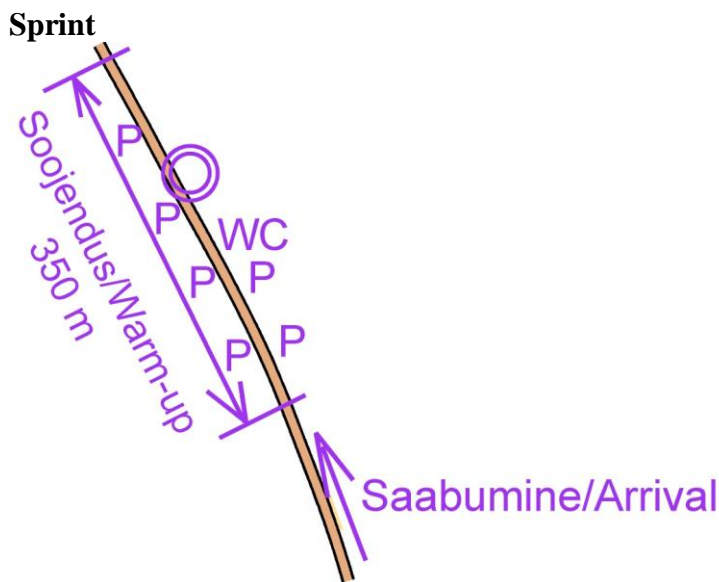
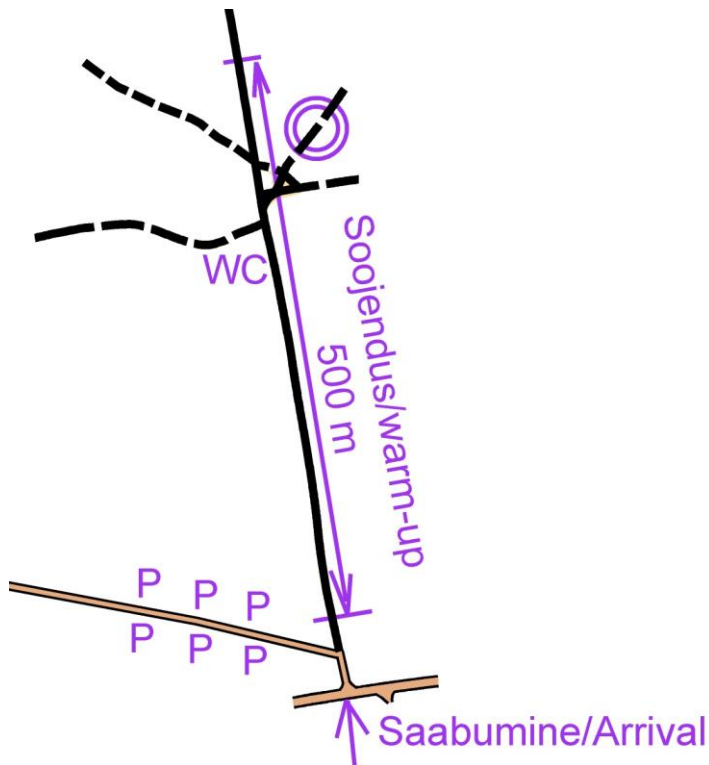
Parking is free, but strictly according to the instructions by the organisers. Parking areas are shown on the competition centres' schemes below. In both competition centres there is only a limited road segment through the competition centre allowed for warm-up. These road segments are also shown on the schemes. In case of sprint this segment is only 350 m long. All the terrain around warm-up area is competition terrain, which shall not be entered before the start. Borders of the warm-up areas are marked with yellow tape in the terrain

GPS

Selected competitors in classes M21 and N21 will get GPS devices before the start at the competition centre. List of the competitors will be published separately.

SCHEMES OF THE COMPETITION CENTRES

Middle and long distance



MAP SIZES

Middle - 297 x 210 mm (A4)

Sprint 297 x 220 mm

Long 325 x 260 mm

TIMING AND PUNCHING SYSTEM

Touch-free electronic system SPORTIdent will be used, which requires SI Air+ cards. Rented cards can be collected in the organizers tent. Controls are equipped as usual foot-O controls. SI Air+ cards are activated in the start by punch in the Check(Kontroll) station. For punching in the controls one has to bring the SI card inside the range of 30-50 cm from the SI station. In the finish time will be taken by a timing cable under the finish line.

COURSE LENGTHS MEASURED AS CROW FLIES

Class	Sprint (km)	Lühirada (km)	Tavarada (km-KP)
M17	5,4 km 12 KP	7,3 km 12 KP	15,2 km 13 KP
N17	4,2 km 10 KP	6,3 km 11 KP	13,1 km 12 KP
M20	5,5 km 12 KP	10,7 km 16 KP	21,4 km 18 KP
N20	5,4 km 10 KP	9,0 km 14 KP	17,4 km 18 KP
M21	6,9 km 14 KP	14,4 km 22 KP	25,3 km 24 KP
N21	5,5 km 12 KP	10,7 km 16 KP	21,4 km 18 KP
M40	5,5 km 12 KP	10,7 km 16 KP	21,4 km 18 KP
N40	5,4 km 12 KP	7,3 km 12 KP	15,2 km 13 KP
M50	5,4 km 10 KP	9,0 km 14 KP	17,4 km 18 KP
N50	4,2 km 10 KP	6,3 km 11 KP	13,1 km 12 KP
M60	4,5 km 11 KP	8,7 km 12 KP	13,5 km 13 KP
N60	4,0 km 9 KP	5,6 km 9 KP	10,0 km 10 KP

COMPETITOR NUMBERS

All participants have to wear a competitor number on the front of the bike. A5-sized numbers are handed out in the organizer's tent. The same number shall be used at all three competitions.

START PROCEDURE

All starts are located within 100 m from the competition centre. All classes start from one start. Pre start is 2 minutes, maps will be available from 1 min before the start.

REFRESHMENT CONTROL

There is one refreshment control in long distance for all classes except M60 and N60. Refreshment control is located at the control, pure water will be served. The sign of refreshment control is drawn on the map by hand.

RESULTS

Online results <https://otse.osport.ee/> Official results will be published within 2 hours after the finish of the last competitor on the event's web page <https://www.okvoru.ee/eesti-ro-mv2023/>

TOILET

Dry closet at the competition centre

PRIZE-GIVING

Medals to three best Estonian citizens in each class. Prizes by the organizers to the competitors from other countries placed in three best in the class

CATERING AND ACCOMMODATION

See - <https://www.visitvoru.ee/toitlustamine>

WASHING

There are no washing facilities in the competition centres.